

Newsletter

Alpha1 Awareness

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A Word from the Chairman

The Fifth European Alpha1 Congress is now over and our European guests have returned to their own countries. The congress was widely acclaimed as a great success.

For the members of Alpha1 Awareness and their friends and family the event started on the Friday with an evening meal in the Kensington Hilton. Also at the dinner were more than forty guests from Alpha associations in other European countries this brought the total present to 117. Some of these guests had attended the Annual General Meeting of the Alfa Europe Federation held earlier in the day. At this meeting I was elected as the president for the next two years.

More than half of the European delegates come from countries in which Augmentation Therapy is available either generally or on a named-patient basis. The chief product used is Prolastin which is manufactured by Talecris Biopharmaceuticals. In Spain, Prolastin has an equal share of the market with Aralast from Grifols Biologicals. France has a different product which is only used within that country. Grifols is registered in Spain but much of its manufacturing capability is in the USA.

In early June Grifols announced that it intended to acquire Talecris. This news caused consternation in some parts of the international Alpha community. There are a number of issues of concern. First, would this remove competition from the market? In the previous year CSL Behring had attempted to buy Talecris. This move was blocked because the result would be two giants, Baxter and CSL, and a few minnows. However, if Grifols were to buy Talecris then Grifols, ranked in fifth place, would move up to third place – a situation which is probably acceptable to the regulatory authorities in the United States. Secondly, some people were worried that the supply of Prolastin may be disrupted or the price of alpha1 antitrypsin may increase from its already high level. Thirdly, people questioned the capability of Grifols,

even with its impressive list of banks supporting the move, to pay for Talecris which is a slightly larger company.

It is pointless to speculate on how this will unfold over the coming months.

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The other news that broke during the congress was the publication of a Cochrane Report which came to the conclusion that Augmentation Therapy is not effective and a waste of money. The report was written by Professor Peter Gøtzsche and his wife Doctor Helle Krogh Johansen.

Their findings were, that based on two clinical trials, the effectiveness of augmentation therapy was not demonstrated. The two trials had small sample sizes and were flawed in a number of ways. The American Alpha 1 foundation was quick to heavily criticise the report. Talecris joined the mounting criticism. In the UK Professor Stockley also pointed some of the flaws in the Cochrane analysis.

I was interviewed by EP Vantage (a publication which Evaluates Pharmaceuticals - mainly looking at the regulatory and financial aspects). Apart from the apparent flaws in the report, I was concerned about the timing of the report and the fact that it seemed to be rushed to publication. The report came at an interesting time. Just days before its release the new entrant to the augmentation therapy market, Kamada's Glassia, won US approval.

The world-wide use of augmentation therapy is likely to increase. But in the United Kingdom this Cochrane Report will be widely quoted by those opposed to making the treatment available.

At least the London Congress was a bright spark of knowledge and friendship for many Alphas.

Alan Heywood-Jones

Alfa Europe Annual Congress 2010

Friday the 9th July saw representatives of the 11 member countries of Alfa Europe Federation, gather at the Kensington Hilton Hotel, London for the Federation's Annual Meeting. The meeting is a coming together of representatives of the various European Alpha 1 patient associations, we come together to review the year, plan for the coming year and share knowledge and experiences. At this year's meeting we again had an election for the Federation President, as last year's election was held mid way through the previous President's term of office. I am pleased to say the Alpha 1 Awareness UK's Chairman Alan, was elected once more to the position of President, this time for a full 2 year term of office.

Once the official business of the AGM is over it is time for delegates to come together with old friends and make new ones, always a great time of coming together.

This year was special for us at Alpha 1 Awareness, because we were the host country, this meant we were joined by a large number of our members, who arrived in time for dinner on Friday evening. Quite a mixture of people, but so it was that over 100 people sat down to dinner, European Federation delegates, AAW members, representatives from Talecris and some of our speakers, who had arrived for the following day, many strangers to each other, but if you had walked in to the room during dinner you would have thought it was a gathering of old friends, so great was the talking and laughter.....a quote about the evening summed it up "*...Alphas are so friendly have wonderful sense of humour and enjoy life to the full, that was so obvious.....*" Certainly when I went around the tables during the evening, there was not a silent table in the room, everyone had introduced themselves to each other and were getting along like old friends.



This was an opportunity to get to know one another and to chat about experiences of diagnosis, treatment and generally of the problems of living with Alpha1. It may seem that the programme of presentations is the key event of a congress but the social gathering is of equal importance.

The scientific programme started on Saturday morning. After the formal opening the young children who came along with their parents were introduced to the nannies of the child-minding service and they left the hotel to spend the day in London. The weather was warm and sunny and they passed an enjoyable day at London Zoo.

The first speaker was Professor Sabina Janciauskiene.

Sabina has a special relationship with Alpha1 Awareness: she was the first speaker at our first Information Day held in Bristol in 2009. She continues to support our efforts and it was a great pleasure to introduce her yet again to our members. Her presentation covered the period over which Alpha1 Antitrypsin Deficiency was first identified and the genetic causes explored. She went on to outline what is known about the physiology of the degradation within the lungs.



Delegates & members listen attentively to speakers

Next we heard from Doctor Dino Hadzic from King's College Hospital in London.

Dino spoke about the liver damage that can occur in Alpha babies. Most Alpha babies do not have liver problems – other than a certain amount of jaundice which is found in non-Alpha children. There were a number of parents of Alpha children and Dino answered their many questions.



After a coffee break Professor David Lomas from Cambridge University spoke about The Cure. David has done some of the ground-breaking scientific research into AATD and it was encouraging to hear his views and his prediction that a cure will be found in the next ten years. He was pleased that this was the first opportunity that he had to give his insights to a large group of UK Alphas.



The final presentation of the morning was from Doctor Heinz Steveling from Essen in Germany. He is one of the first doctors in Germany to treat Alphas with Prolastin to replace the missing alpha1 protein in the blood stream. He showed figures, based on his clinical experience over twenty years, which showed that Prolastin therapy in extending life. Studies in other countries confirm these findings.



After lunch Melissa Hillier from Genetic Alliance UK gave us an insight into the workings of



Melissa also has a special relationship with the charity; she too spoke at our first Information Day in Bristol. She explained how the Genetic Alliance lobbies politicians and decision makers to reform the health care system and give patients more powers. As in Bristol the thorny issue of insurance for Alphas was discussed.

The next speaker was to have been John Walsh who is the Chief Executive Officer of the Alpha-1 Foundation in the USA. John was one of the founders of the Foundation and has been the driving force behind its growth and success. The Foundation funds many research programmes. Sadly for us, John contracted a lung infection shortly before he was due to fly to London. We were denied his views on patient empowerment and his experiences of pressing for better treatment. We hope to see John in the United Kingdom in the not-to-distant future. We sent John our best wishes for a speedy recovery and have posted to him the Thank You Gift that we give to all our speakers. The gift was a piece of glassware from the famous Bristol Blue Factory

We had a very powerful and personal speech from a UK Alpha, Neil Jackson



Neil shared his experiences with GPs and of going to ADAPT. However, he directed his stinging comments at our local authority that spends millions on treating drunken Saturday night revellers but ignores people with serious health issues. He said that many people choose to put their health at risk; Alphas have no choice in the matter. (See the end of this presentation)



Lin Daniels spoke of her experience as a carer.

We all are carers at some points in our life; parents for children, adults for ageing relatives, more often than not it is to the people who mean the most to us, our partners or spouses. But Lin spoke primarily about carers for Alphas, and carers for our community for Alphas. There were light moments in Lin's talk, but the sincerity of her speech left few dry eyes in the room.

Since the timetable of presentations was disturbed by the absence of John Walsh, Sabina agreed to summarise the presentations and close the scientific programme. She did this without preparation but her knowledge of the subject is so extensive that she did so expertly.

As the day drew to a close, the children returned from London Zoo. Members of the AAW board presented each child who was attending and was 8 years old or under, with a Teddy Bear complete with his tee-shirt showing his name: 'Alphie'.



Children receive their “Alphie” teddy



The youngest recipient was Cai who was only three weeks old.

The closing comments of the day, came from AAW Chairman & European Federation President, Alan Heywood-Jones and Mrs Elisabeth Takehashi, both of whom expressed sincere thanks to all the speakers for providing such a very informative day for the European Delegates and for AAW members.

It is hoped that the Congress will have given those attending, both from the UK and Europe more insight into AATD and what is being done to improve the health care available across all of Europe.

Mrs Takehashi announced that next year’s Congress will be held in Malmo in Sweden.

It is hoped that all our members from AAW found the weekend useful and enlightening, for those of us on the Board of the Charity, it had given us an opportunity to meet with people we had chatted to via email or on the telephone.

Before ending I will share some comments we have received from members who attended

“.....the event was organised to a very high professional standard, starting with the meal on Friday night, which gave the opportunity to meet fellow alphas and carers and make new friends and learn from their experiences.

The Saturday event was extremely interesting and informative and a fellow alpha said to me that he had learnt more that morning than he had learnt in the last ten years about the condition!! The congress presentations and speakers provided the opportunity to discover more about the condition and future progress. The personal stories from yourself and fellow alphas endorsed your commitment and the emotional impact it has on carers as well as sufferers and the frustration of how little is still known of a1.

In considering the younger members present. The arrangements made with a trip to the zoo and all the younger children receiving a gift, I thought was exceptional and certainly expressed a warm welcome.

Thank you again for an interesting, knowledgeable and enjoyable weekend and the opportunity to meet and make new friends.....”

“.....a very pleasant weekend. We found the lectures very interesting and informative. I have not been fit for much since we arrived home on Sunday evening but it was worth it meeting other people in the same situation. John says it has helped him as well, as it has made him more aware of how I feel and will be more patient with me when he wants to go out and I am having a really off day!!..... Thank You once again, ”

“.....what a lovely weekend and I am so glad we went as we made friends with some lovely Alphas.....”

“We really valued coming to the Congress last weekend. Whilst it was in parts very upsetting, it gave us lots of very valuable information and as always in these situations, it is always good to realise that you are not alone and that there are many others in the same situation, with the same thoughts & feelings. The talks that both you(Lin) and Neil gave were very powerful and gave a fantastic insight into the views of both the patient and the carer. The other speakers were also excellent.....”

“.....a massive thank you for the congress. While it was an emotional rollercoaster for us we gained so much by going. All the wonderful people we met and talked to who showed us that we are not alone. While this forum is fantastic and has helped us so much already there is nothing quite like meeting face to face and talking. We spoke to some lovely people some parents like us with Alpha children and some adults who are Alphas and everyone was so supportive. The weekend was funny in places and very emotional in others. We felt at times like we were reliving the time we first found out about our little one. But it was also very cathartic as well. The information about Alpha has also helped our understanding about the condition and also scared us at times but then its best to know the worst case! Well that’s how we feel! To find out that there might one day be a cure for this is the most hopeful news ever and we are so grateful to have had this chance! What can I say about the whole event? It was wonderful!.....”

“.....we would not have missed it, we learnt so much and what lovely friendly people all the Alphas were, they are so positive and cheerful....”

A personal note... I would like to thank the Alpha Europe Federation for organising and funding the Congress, giving Alpha 1 Awareness UK the privilege of hosting the whole event and giving UK Alphas an opportunity to hear speak some of the very best clinicians in the field of Alpha 1....*Lin Daniels*

The final comment is from our Chairman, Alan “...my personal view is that the congresses also help physicians and researchers by allowing them to meet and talk to the patients who are the very source of all the medical challenges that they have chosen to study.”

Thanks to Neil Jackson for allowing us to use some of great photographs he took during the Congress

Presentation Speech – Neil Jackson

My name is Neil Jackson, and I’m a 46-year-old IT consultant from Bath, here in the UK.

I’m piZZ, but had no idea until last year. I never showed any signs at all during infancy or childhood – at least, none that physicians at the time would’ve been able to connect with AATD.

The initial signs came in 2003 while fixing a roof at a friend’s cottage in France. I put my breathlessness down to fitness, and – aside from vowing to get fit – ignored it.

In Jan 2008, I gave up smoking – but noticed in Dec that my breathlessness had not improved at all. Neither had my fitness though, so again I ignored it, until...

A winter cold in 2008/09 still hadn’t gone over a month later, and my wife urged me to have it checked out by my GP. Then followed the trail of discovery, shock, fear, sadness, anger and eventual enlightenment.

GP noticed my liver enzymes were high – asked if I drank a lot. Which I don’t! That was the first clue.

GP ran loads of tests, but ultimately didn’t know. He had the foresight to refer me to a Respiratory Consultant at my local hospital. In the meantime, my GP put me on Salbutamol ‘as a test’ – to see if it helped.

The Respiratory Consultant ran various lung function tests, and diagnosed COPD. That diagnosis alone had me in tears. I was prescribed Spiriva Respimat, and a kindly nurse showed me how to take it properly – though I will confess I was in a blur by then. As I was leaving, he suggested – almost in passing - that he do a genetic test for Alpha1 Antitrypsin Deficiency, and told me that it was probably nothing, and less than 2% of the population had it. I thought nothing of it, and said yes.

Several weeks later, the results came back via my GP – and of course, turned out to be positive. I was identified as a piZZ Alpha sufferer – and although this was a great shock to me, I had already been educating myself. I’d received a letter some days before, asking me to attend the GP’s surgery to discuss the results – and I’d already figured out that he wouldn’t have asked me in, if the results weren’t positive! So I’d been genning up on AATD via the internet, and already had a fair idea of what it entailed.

I was given a liver ultrasound test, which thankfully came back okay, and had a chat with my Respiratory Consultant again – but nothing new was really mentioned that I hadn’t already figured out for myself, or through my conversations with the people at Alpha1 Awareness, whom my wife had fortuitously discovered on the internet only a few days after my diagnosis.

The worst discovery was the fact that in the UK, there is practically nothing that can be done, and the NHS really doesn’t differentiate Alpha1 treatment from COPD treatment until such time as things start falling apart. When livers go, or lungs give up, then, and only then, will they really do stuff – but it was evident right from the off that in the UK, there is no course of ‘mitigation’ or ‘stabilisation’ that might stop the condition from progressing. In short, we’re pretty much left to get on with things, and hope for the best.

Six months later, at a second lung function test, I had Symbicort added to my line-up of kazoos, on the advice of my Respiratory Consultant. This pleased me, because I’d read up about the ‘three’ being about the best combination that’d been discovered so far, in terms of the cheap end of treatment.

I had also discovered the ADAPT centre in Birmingham and laboured under the misapprehension for a while that they were the part of the NHS, and the place I could expect treatment. I went for an interview, and various things were said about trials and baseline tests, but over a year later, nothing much has happened – I’ve never even been asked back for my promised baseline tests – and it dawned on me that ADAPT wasn’t really anything to do with the NHS at all, and is instead a pet research project which cherry-picks interesting cases, and has no primary care responsibility at all.

Disappointing, to say the least.

Of all the things I’ve discovered about Alpha, now that I’ve come to terms with the condition, the thing that annoys me the most, is the realisation that the UK is a third world country when it comes to Augmentation Therapy. We seem to spend millions testing it, but never seem to come up with conclusive results that prove it works – yet half of Europe and America has already long-since decided that it is of value, and prescribe it to their Alphas. Yes, it is expensive – but then so is the Friday and Saturday night alcohol –fuelled, self-inflicted mass triage that happens in A&E across the UK

every week! That's money we choose to waste – but I didn't choose Alpha, and have no choice about the lack of treatment!

As a patient, I would URGE the UK's NHS to introduce heel-prick screening at birth – I was lucky – I never showed symptoms of my piZZ until age 45, but that's not the point. It's still essential for us to know the level of instance of Alpha in the country, and many must go entirely undiagnosed currently. If I'd been aware when younger, I would definitely NOT have smoked. Hindsight is 20-20! But let's not leave it till 2020 before we start heel-prick tests! Secondly – the UK really needs to introduce Augmentation Therapy. We are lagging behind our European neighbours to an extent that is disgraceful. The costs may be high, but are Alphas less deserving than the binge-drinkers who fill up the hospitals every weekend? I think not.

Neil Jackson

NEWS IN BRIEF

As well as the Congress lots of other things have been happening within the Charity, here is a brief roundup.

Publications

Children's Books

You will be pleased to know that we have finally been able to print our own Children's book "A1-ZZ". Some of you will have seen the lovely book that the Alpha Kids in the USA produced to explain Alpha 1 to children. We at the Charity were very impressed with the book when we saw it, but parts of it were very "American" in terminology and certain phrases, following some negotiation with the original author and illustrator, the American Alpha 1 Foundation and Alpha Kids, we were given permission to "Anglicise" the text and with money that was donated at the end of last year, we have been able to finally get the book printed. If you have an Alpha child or have children in the family who need to know about Alpha, because a parent, grandparent or other family member has the condition, just email me, Lin, at secretary@alpha1awareness.org.uk and I will happily post a copy off to you.

Diagnosis & Treatment

This is the title of the latest in our series of information booklets, it is aimed at members of the medical profession, to help increase their knowledge and raise more awareness of Alpha 1. If you would like some copies to pass on to your Health Centre or Hospital, please email me on the above email address or drop me a line to the PO Box address which is at the end of this Newsletter.

Posters

A4 size posters for GP surgeries and hospital waiting areas, giving contact details of the Charity, again I am happy to send you some in the post if you would like them.

Health Fairs

Many military bases around the country have their own fully staffed Medical Centres for the service personnel based there and their families. Many of these Centres hold Health Fairs, when they invite outside organisations along to set up stands and give out information. My niece is in the Royal Army Medical Corps, based at The Medical Centre at Waterbeach in Cambridge, she suggested that attending a Health Fair would be a brilliant opportunity to get the message of Alpha 1 and the Charity out into the wider community. As a consequence I have attended one fair at the Army Training Regiment in Winchester and one at Waterbeach, both have been very worthwhile, providing the chance to talk about Alpha 1 to people who have never heard of it, also to talk to medical personnel, doctors, nurses and physios, welfare officers many of whom were unaware of the condition. Hopefully I will be invited to attend more of these Health fairs in other areas...it is all helping to raise awareness.

Lin Daniels

Ultra Marathon

Our congratulations and sincere thanks go out to **Matt Rowley**, whose mother is an Alpha-sufferer, for his absolutely awe-inspiring efforts a couple of weeks ago. Matt ran the **Grimsthorpe Castle Ultra-Marathon** and finished the

whole **70-mile** course just one second short of a whole day!

<Even with bandaged leg, Matt Rowley jogs his way through the 70 miles, smiling all the way...>



who could only dream of managing such a challenge, Matt's victory brings us lots of joy 'till last', but he did complete the whole 70-mile - yes, **seventy** mile course, in a princely **23** minutes. I can't take *me* that long to put my shoes on, some days! 😊 (Okay, I exaggerate... but I know I can jog at a mph trot for a full 24 hours like he did, with the best will in the world!)

raised the sum of £400 for Alpha 1 Awareness UK, and he reckons that probably the hardest part of the task is still ahead. "Online I've raised £90; offline we're nearing £400. I just have to collect it all in now!" he says. Matt set up a fundraising page on JustGiving which makes the task of collecting from the online sponsors a little easier - and of course, it's not too late to make a donation if you're feeling he's earned it! It's at: <http://www.justgiving.com/runningforalpha-1>

Matt crosses the line with his running-mates Lee & Marc Johnson and Sue Fuller.>

Matt says: "My Mum is a sufferer of Alpha-1 and like many others she has had lung reduction surgery that are meant to improve her living conditions. Her courage battling this disease has inspired me to go running and turn it into something productive and do my bit to help raise money."

To which we say, a huge **Thank You, Matt**, and wish him and his mum all the very best. I hope he is slowly returning to normal size after such an epic run, and with luck, he can sit down for a while. *Neil Jackson*



Travel Insurance

Many Alpha sufferers have problems getting Travel Insurance, because of their condition. Genetic Alliance UK (formally GIG) have been working with a company called *Insurancewith*, who help provide travel insurance for people with genetic and critical illnesses. For more information go to their website <http://www.insurancewith.com/GIG/index.html> or email them at insurancewith@infinityinsurance.co.uk.

Dates for your diary

Informal Lunch in Newcastle

We are holding an Informal Lunch on 9th October in Newcastle, for our members in around the North East

of England and maybe we will see some of our Scottish members.

The lunch is being held at the New Northumbria Hotel, 31-73 Osborne Road, Jesmond, Newcastle Upon Tyne NE2 2AN, between 11.30am-3.30pm. More details will be on our website and the Forum site, however if you are interested in attending, please contact secretary@alpha1awareness.org.uk, before the 20th September. As ever a contribution to your travel expenses will be available

AGM

Our AGM this year will be held on Saturday 30th October, at 11.30am at Stapleton Church Hall, Park Road, Stapleton, Bristol BS16 1AZ, a light buffet lunch will be provided. We look forward to seeing as many of you as possible to this important meeting in the Charity's year. More information nearer the time

Can You Help ?

Creating a virtual panel of patient representatives

Anyone who is affected by a genetic condition or cares for another person who is, can join the virtual patient panel. The panel is an online network of patients who have agreed to be contacted to share their views on health related issues and changes in policy and practice in Scotland. You will need to have access to a computer and have an email address to join the virtual panel, and you can do so by contacting claire@geneticalliance.org.uk. The

advantage of the virtual panel is that it is a quick and effective way to give your opinion and feed into surveys. The panel is also used to advertise meeting and events of relevance and alert you to news. Each opinion is given equal weight in a debate, and you are not obliged to comment if you are too busy or don't feel the issue is relevant to you.

Rare Disease UK

Some of you attended events held in Wales and Scotland, for Rare Diseases Day. An event is now being held in England

EUROPLAN Conference – What do think should be included in a strategy for rare diseases in the UK?

16th November 2010 – Nowgen Centre, Manchester 9:30am-4:30pm



Currently, as many of you know, the UK and many other European have no strategic approach to delivering the best course of treatment and support for all patients with rare conditions. This can result in many patients being left to find their own way through the maze of services and information that is available without any clear guidance or support. Where possible health professionals support families, but in many cases due to constraints on time and funding, adequate support and information is not provided.

In 2009 Health Ministers from each EU member state signed a European Council Recommendation that called on Member States to develop and implement strategies for the treatment and care of people living with rare diseases. [Rare Disease UK](#) is working to ensure that the UK implements a strategy to support the 3.5 million people in the UK affected by a rare condition.

As part of this work, we would like to invite you to the UK Europlan Conference and Workshop. Europlan is a three year project which aims to provide recommendations, best practices, case studies and indicators to help each EU Member State develop their strategy for rare diseases. Over 25 countries are taking part and the findings will go back to the European Commission as part of their role in overseeing Member States' actions in improving services for rare diseases

The findings will also inform RDUK's work in developing a report on why we need a strategy for rare diseases in the UK and what should be included in an effective strategy.

Along with [Genetic Alliance UK](#), we are holding a one day conference and workshop on **16th November 2010 in Manchester**. You can find the agenda [here](#).

EUROPLAN is an opportunity for patients and for those working in the field of rare conditions to input into the policy debate around the commissioning, organising and coordinating of services in the UK. Whatever your background we would like to hear your experiences and thoughts and learn and build on the good practice that is already in existence for some rare conditions.

For more information on the EUROPLAN project, please [click here](#).

If you would like to reserve a place, please contact Melissa Hillier – melissa@raredisease.org.uk or 020 7704 3141. **Attendance is free but please do book in advance as places are limited.**

Please do feel free to let others with an interest in rare diseases know about this conference.

A flyer for the conference is available [here](#).

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Rare Disease UK is supported by an unrestricted educational grant from the ABPI Orphan Disease Industry Group and the Orphan Disease Industry Group Partnership

Christmas Cards

I am sorry to mention the above in the middle of August when most of you are enjoying your summer holidays, but we want to make sure you do not buy your Christmas cards before you have seen our new designs for this year. Designs and order form are at the end of this Newsletter.

Don't forget our online forum, lets you chat to other Alphas, it can be found at <http://techno.demon.co.uk/a1aforum>, it would be great to see you there.

If you wish to contribute in any way to future editions of the Newsletter, please contact at the address below.

Alpha 1 Awareness UK

Raising Awareness of Alpha 1 Antitrypsin Deficiency in the UK

Contact us at :

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email : secretary@alpha1awareness.org.uk

visit our website : www.alpha1awareness.org.uk

Alpha 1 Awareness UK

Registered Charity Number: 1125467
Scottish Charity Register Number: SC041100

CHRISTMAS CARD DESIGNS 2010



Christmas Post
Size 86mmx195mm



A Cosy Perch
Size 109mmx109mm



Santa's Little Helper
Size 109mmx109mm



Hello There Robin
Size 100mmx152mm



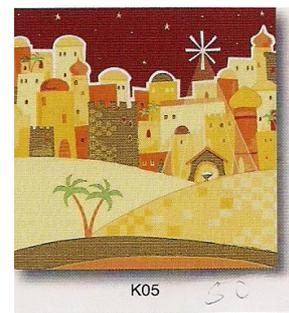
K02

ADORATION



K03

CHRISTMAS



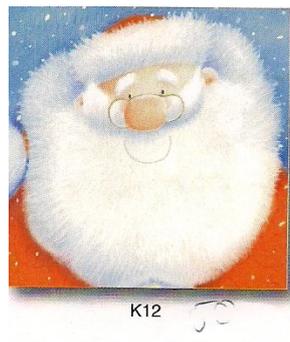
K05

HOLY CITY



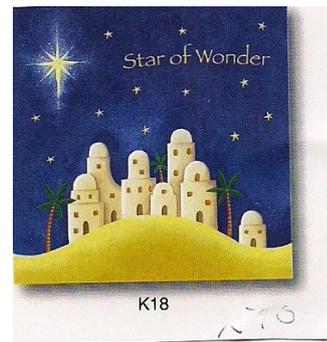
K06

STARRY NIGHT



K12

SANTA



K18

STAR OF WONDER

Greeting inside all cards reads

With Best Wishes
for Christmas
and the New Year

All designs are £3 per pack of 10 cards plus p&p (see order form)

Alpha 1 Awareness UK

Registered Charity Number: 1125467

Scottish Charity Register Number: SC041100

CHRISTMAS CARD ORDER FORM 2010

Name.....

Address.....

.....

Tel No.....

Cards are £3 per pack of 10: p&p will be £2 up to 2 packs; £4 for 3 or more packs

Design	Number of packs	Cost
K02 Adoration		
K03 Christmas		
K05 Holy City		
K06 Starry Night <i>Limited packs</i>		
KK12 Santa <i>Limited packs</i>		
K18 Star of Wonder		
Cosy Perch		
Christmas Post		
Santa's Little Helper		
Hello There Robin		
Total number of packs		Add p&p
	TOTAL TO PAY	

Cheques can be made payable to **Alpha 1 Awareness UK**

Return your order form & payment to: **Alpha 1,
PO Box 2866,
Eastville,
BRISTOL BS5 5EE**